



The Week of Respect

October 7th - October 11th



Mindset Theme days

MONDAY
ATTITUDE OF GRATITUDE

TUESDAY
LIVE TO GIVE

WEDNESDAY
100% ACCOUNTABLE

THURSDAY
EVERYTHING IS POSSIBLE

FRIDAY
WE ARE CONNECTED



Spirit Wear

Wear a shirt with a positive saying or message

Wear Wall gear and colors.

Wear your dance, cheer, karate or sports team gear, or your favorite team colors and shirts. You choose!

Dress up like someone you would like to be in the future. You could be a teacher, a police officer, a doctor a gymnast, or any role model. Be creative.

Wear as many different colors as you can to color Central School with kindness.



Challenge

Write a heartfelt note of gratitude to those you are thankful for.

Donate regular sized boxes of cereal to benefit a local food pantry.

Being part of a TEAM means you are accountable for your actions. Promise to always treat others with respect and support your classroom teammates.

Write down three goals you have for yourself this school year.

Encourage and support a friend with kind words. Write a post-it note cheering a classmate on. Share compliments that will make someone smile



Mindset Video

Practicing Gratitude (and 10 things I'm grateful for)

The Science of Kindness

Stop Making Excuses & Own Your Actions

The Mindset of a Champion | Carson Byblow | TEDxYouth @AASSofia

Color Your World With Kindness